



Do It Outdoors

13 High St.

Auchterarder

PH3 1DB

# Developing Outdoor Learning Skills

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*CPD(Continual Professional Development) Training Courses*

This document is aimed at professionals who work or aspire to work within the primary or secondary education system and wish to gain confidence and competence in utilising the outdoor environment to teach and compliment the curriculum for excellence.

**Trainer** – Ian Macfarlane

### **Qualifications**

Completed the IOL course “Bushcraft Practitioner” and completed the “Level 3 Forest School Training”.

### **Experience**

I run my own outdoor activity company which delivers woodland activities throughout the year for a number of target groups including Primary Schools. Over the last 3 years I have been working with Burrelton Primary twice a year for 8 week sessions. I have delivered CPD session to Perth & Kinross Council and Falkirk and have also trained Crieff Hydro Staff.

### **Do It Outdoors**

Do It Outdoors has been established for 5yrs and on the Perth & Kinross “ Approved Activity Supplier” list. Do It Outdoors has been established for 5yrs.

## Training Courses

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Rather than have a catch all course we encourage you to have a chat with us and decide where you need the extra support. All Courses can be customised to suit your specific needs. By outdoors we are refereeing mostly to areas out with the school (but not always) such as parks, fields and forests.

**Location** – It is helpful for you to be trained in the areas you plan to use with your class. But if you come to our location at Auchingarrich Wildlife park this is also beneficial as you can see how we have set up.

**Price** – Cost for CPDs are £175 and these are usually for 2hr sessions.

**Timings** – We can do after school times or you can choose an in service day.

Below is a list of some of our course Modules.

### **Modules**

**Introducing Your Senses** – What’s this I hear you say! Sight, smell, vision taste and touch are very much taken for granted. This is about creating a greater awareness of your senses which in turn allows greater awareness of your outdoor environment and makes it a safer and more enjoyable day. In this session we will use some simple games to explore these senses. This session is a bit of fun but has real value and great for loosening your imagination up and helps in activity planning.

**Group Management** - We will spend some time looking at getting to and from the outdoors site and different ideas on how to manage groups in the outdoors.

**Risk Assessing Locations and Activities** – This is embedded within all our activities but we shall spend a sometime on looking at this in detail as it is a requirement of everyone’s operation. It can be fun

**Flora, Fauna and Habitats** - We find out what you know about nature and build on this. So this is about discovering your habitat and looking more closely at Flora and Fauna and giving you confidence to go out and learn more with your class or self.

**Introducing Props and Tools** –Using tools such as saws, axes, ropes and chalk boards can add to children’s learning experience. We aim to remove any teacher apprehension from utilising sharp tools. We have tried and tested methods of making it safe.

**Shelters** – The old favourite. They have to be built safely and we can also show you numerous ways in which this simple exercise can be worked to draw out different learning outcomes (i.e.cfe).

**Fire Making and Management** – There is no doubt a fire makes a special experience for children and hence we take time to teach you how to do this properly and be able to teach the children to have fires as well.

**Outdoors with No Tools or Props** – As you become more confident or if you have an aversion to saws, knives or axes or fires you can go outdoors with using them and have a hugely satisfying day. This is of great benefit as you need less bits and bobs to carry and you eliminate a little of the risk element. You do however require to engage your imagination and go with the flow a little bit more.

**Creating “Core Skill” Specific and cross curriculum links** - We will introduce and run through a number of activities that cover one or more of the core skills. Also we can look specifically how your activities are addressing the Curriculum for Excellence. This really helps understand the value of these activities and convinces parents that structured play in a phenomenal way to learn.

**Activity Session** – Short on ideas ? Here we share as many games and activities as we can in a short period. We even have a go at creating new ones.

## A reminder of the Cfe

successful learners	confident individuals	responsible citizens	effective contributors
<p><b>attributes</b></p> <ul style="list-style-type: none"> <li>enthusiasm and motivation for learning</li> <li>determination to reach high standards of achievement</li> <li>openness to new thinking and ideas</li> </ul> <p><b>capabilities</b></p> <ul style="list-style-type: none"> <li>use literacy, communication and numeracy skills</li> <li>use technology for learning</li> <li>think creatively and independently</li> <li>learn independently and as part of a group</li> <li>make reasoned evaluations</li> <li>link and apply different kinds of learning in new situations.</li> </ul>	<p><b>attributes</b></p> <ul style="list-style-type: none"> <li>self-respect</li> <li>a sense of physical, mental and emotional well-being</li> <li>secure values and beliefs</li> <li>ambition</li> </ul> <p><b>capabilities</b></p> <ul style="list-style-type: none"> <li>relate to others and manage themselves</li> <li>pursue a healthy and active lifestyle</li> <li>be self-aware</li> <li>develop and communicate their own beliefs and view of the world</li> <li>live as independently as they can</li> <li>assess risk and make informed decisions</li> <li>achieve success in different areas of activity.</li> </ul>	<p><b>attributes</b></p> <ul style="list-style-type: none"> <li>respect for others</li> <li>commitment to participate responsibly in political, economic, social and cultural life</li> </ul> <p><b>capabilities</b></p> <ul style="list-style-type: none"> <li>develop knowledge and understanding of the world and Scotland's place in it</li> <li>understand different beliefs and cultures</li> <li>make informed choices and decisions</li> <li>evaluate environmental, scientific and technological issues</li> <li>develop informed, ethical views of complex issues.</li> </ul>	<p><b>attributes</b></p> <ul style="list-style-type: none"> <li>an enterprising attitude</li> <li>resilience</li> <li>self-reliance</li> </ul> <p><b>capabilities</b></p> <ul style="list-style-type: none"> <li>communicate in different ways and in different settings</li> <li>work in partnership and in teams</li> <li>take the initiative and lead</li> <li>apply critical thinking in new contexts</li> <li>create and develop</li> <li>solve problems</li> </ul>